

CLINIC PREFERENCES

NEW PATIENTS: HEIGHT, WEIGHT, BMI, TEMP FOR ALL

XRAY ORDERS:

HIP PATIENTS *OLDER THAN 45*:

AP pelvis with templating markers

Lateral hip

HIP PATIENTS *YOUNGER THAN 45*:

Young hip series includes views:

AP pelvis

Lateral hip Dunn view

False Profile View

ALL KNEE PATIENTS (ALWAYS GET COMPARISON KNEE):

Bilateral AP weight bearing

AP tunnel view

Lateral view

Skyline view

6 WEEK POSTOP PATIENTS:

- GET XRAYS IF PAIN SCORE IS GREATER THAN 7/10 OR IF THEY HAVE FALLEN/TRAUMA.
- TEMPERATURE

2 WEEK HIP SCOPE POSTOP PATIENTS:

- NO XRAYS UNLESS THEY'VE FALLEN/TRAUMA.
- SUTURE REMOVAL. IF INCISION IS QUESTIONABLE, HAVE DR. AGGARWAL LOOK FIRST.

INJECTIONS:

- KNEE: 0.25% BUPIVACAINE 4CC, 1% LIDOCAINE 4CC, 40 KENALOG 2 CC. 10 CC SYRINGE, 21 GA NEEDLE, 4X4, SIZE 8 GLOVE, CHLORAPREP, COLD SPRAY, BANDAID.
- HIP BURSA INJECTION: 0.25% BUPIVACAINE 4CC, 1% LIDOCAINE 4CC, 40 KENALOG 2 CC. 10 CC SYRINGE, 18 GA SPINAL NEEDLE, 4X4, SIZE 8 GLOVE, CHLORAPREP, COLD SPRAY, BANDAID.
- HIP JOINT STEROID INJECTION:
REFERRAL TO NON-OP SPORTS **OR**
ORDER THROUGH RADIOLOGY

ASPIRATIONS:

- KNEE: 30CC or 60CC SYRINGE, 18 GA NEEDLE, CHLORAPREP, SIZE 8 GLOVE, 4X4, 2X2, TEGADERM. ORDERS:
- HIP ASPIRATIONS: CULTURE AND CELL COUNT SAME AS ABOVE, EXCEPT ORDER FOR FUTURE VISIT.
REFERRAL TO DR. TOEDEBUSCH *OR*
ORDER THROUGH RADIOLOGY: